



What You do Now Will Affect You in 3 Months Time

Hi! I'm Sharon Jurd and welcome to my Biz Blitz video. Today I want to talk to you about **what you are doing right now is going to affect you in three months time** and I say this a lot to my coaching clients, I say it from stage and I thought today I'd explain what I mean by that. **What happened in the past has happened.** We can't control that.

Sure, you stuffed up, you made mistakes, you wish you could have your time over again but that's where it is. Hopefully, you've learned some things from that but you can't change it. It's there, it's what happened and we need to move on from that. **You can only control what's in this moment right now.** You can control what you are about to do in the next second.

Are you going to sit and waste your time and scroll through social media or are you actually going to get on there and design some Facebook ads or Instagram ads to build your business? You can control what's happening right now.

And so I ask you, my coaching clients, I do a lot of internal businesses where I design ideal weeks. If you've got your ideal week you'll know what you should be doing right now. If you haven't got an ideal week, let me know, I'll talk to you all about it but you do what you need to do to get the outcomes that you're after right now. And if you do those things right now, you can actually **change the future outcomes.** People go, "you can't control the future." Yes, you can by being in the moment right now and making decision, left or right, you're making those decisions all the time. Right or wrong, work or the bludge, coffee or meeting, all of those choices, you're making thousands of them all day which are affecting your outcome in three months time because that drives new business and sometimes it takes a while, you might meet a new customer today but you may need to do some meetings with them, set a proposal, get approval before they actually come on board in three months time. Very rarely do you meet someone today and do business today and get your income today.



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Make sure that in this moment right now, you are making the right choices. Is it right or left? Is it right or left? Is it right or left? And make sure that all of those things you are doing right now are the right choices, the correct choices for your income, the correct choices for your outcomes, the correct choices for your life-work balance, whatever they are and you will see those improvements or those outcomes that you are wanting over time.

That's my message today. Don't worry about the past, leave it there, we've learned from that. We've implemented what we need from our learnings but leave it there. Control what's here in the moment so that it will affect you in the future.

I'm Sharon Jurd. Thank you for listening today. If you think that this video would add value to your family, friends, or colleagues please share my video, I want to help as many people as I can and I'm hoping you'll help me do that. I will talk to you very soon.