



When You Learn Something New, What Do You Do?

Hi, I'm Sharon Jurd and welcome to my Biz Blitz video. Today I want to talk to you about **when you learn something new, what do you actually do?** And I know that there are lots and lots of people out there who talk to me, and they go and learn lots and lots and lots of skills, but they're not really sure what to do with them after that.

And that's what I want to talk about today. Firstly, I think the first thing you need to do is really **experience what you've learned**. If you've learned a new skill, implement it into your own life, into your own business, into your own relationships, depending on what it is, and really walk the talk. Implement it so you know how it feels and how that experience is, actually putting this new skill into real life. Because it's one thing to learn it in the conference room, but then when you get out into the big wide world, you need to know the challenges that other people might experience with that.

The second thing you must do is **share it**. I am in total belief that if you learn something, you have a real obligation to go and share that knowledge with other people. And I do that through my coaching and my speaking and there's other ways you can share it out. It might be through blogs or social media, but there's always somebody who wants to learn what you've already learned, so make sure you do share it out, and don't be selfish and just keep it all to yourself. Make sure that you are sharing it out.

If you do those two things ... when you learn something new, make sure that one, you truly experience it in your own life and your own business and two, share it with as many people as you can.

That's all from me today. Thank you for listening. If you think this video would be of value to your family, friends, or colleagues, please share my video because I want to reach as many people as I can, and I need your help to do that. I'm Sharon Jurd and we'll talk very soon.