



What Is Wrong With You?

Hi I'm **Sharon Jurd** and welcome to my **Biz Blitz Video**.

Today, I want to ask you the question **WHAT IS WRONG WITH YOU?**

I'm not really asking that question, but I bet you may have asked that question of yourself...

"I'm doing everything I should be doing".

"I'm working you know really hard in my business" **BUT**

"What's wrong with me? I'm not at the outcome that I want to be at".

If you've asked yourself that question **WHAT IS WRONG WITH ME**, I'm here to give you a little bit of advice and some tips around this question.

It's not a great question to ask yourself.

It doesn't serve you well, because it's a negative question.

FIRSTLY, I want to say **NOTHING IS WRONG WITH YOU!**

You are perfectly you, and I know that sounds a little bit cliché, but I really, really want you to understand that there's never anything wrong with you. **ACCEPT** that. Be you. **Be your authentic self.**

Know that people will like, know, and trust you and love you the way you are.

Don't try and be somebody else.

When people come to my events I go,
"Don't be Sharon Jurd. Be yourself."

Yes - I'm giving you some tools and processes and systems, but then be yourself.



What Is Wrong With You?

The second thing is **UTILIZE THE RESOURCES THAT YOU HAVE AND BECOME MORE RESOURCEFUL.**

Ask yourself...

Who do I need around me to help me through this?

Is it a coach or a new coach or a different perspective in your business?

What logistics do I need to implement in my business?

Who do I need to be working with?

Who do I need to be hanging out with?

You may be hanging out with negative people, so be very resourceful and bring all of that positivity into your life.

Have positive people around you.

Have people who are forward thinking who can see opportunities and really work with those people, and I say when you are engaging a coach, you pay as much as you can possibly afford because it will come round to you tenfold what you learn from that coach.

The third thing is **CHECK IN ON YOUR BELIEFS.**

Make sure that your beliefs are **POSITIVE.**

If you're telling yourself that you're not good enough; you're not worthy, **you'll never make it.**

All of those **negative emotions** will not help you get to where you are needing to go.

They don't serve you well.

I want you to change up your beliefs that you are living in abundance; That you are worthy of everything that's coming to you; you are good enough; you will be successful whatever that is for you.

Change up your beliefs and then that will change up what you're attracting to yourself in your life.



What Is Wrong With You?

When you think this question again what is wrong with me, I want you to take note of this...

- ✓ There's nothing wrong with you
- ✓ How can you be resourceful?
What resources do you need to get you through this challenge and then,
- ✓ Think about what beliefs are in that moment and change them to a positive.

I hope this video has been of value to you today and if it has please share it out with your friends family and colleagues because I want to help as many people as I can, and I'd love your help to do that.

I'm **Sharon Jurd** and we'll talk soon